25th SEPTEMBER 1964:

"... Mozambican People,

workers and peasants, workers on the plantations, in the timber mills and in the concessions, workers in the mines, on the railways, in the harbours and in the factories, intellectuals, civil servants, students, Mozambican soldiers in the portuguese army, men, women and young people, patriots.

In the name of all of you

FRELIMO today solemnly proclaims the general armed insurrection of the Mozambican People against portuguese colonialism for the attainment of the complete independence of Mozambique.

Our fight must not cease before the total liquidation of portuguese colonialism..."

the Central Committee

INDEPENDENCE OR DEATH!

WE WILL WIN!
The origin of the FRELIMO

FRELIMO formed on 25th June, 1962, is the result of the union of the Mozambican nationalist groups and the merging of the three main Mozambican nationalist organizations - UDENAMO, MANU and UNAMI.

The first National Congress held in Dar-es-Salaam on September 1962 established a programme of immediate action to liberate Mozambique.

New Year Message to the Mozambican People,

"... We must consolidate our political organisation by creating new circles of FRELIMO militants, in the harbours, in the mines, in the factories, on the railways, on the plantations, in the timber mills, in the villages, in the schools and in the offices. Everywhere the militants of FRELIMO must be present, responsible and dedicated, able to develop the forces of the struggle and adapt them to each place, and to carry on the action with efficiency..."

FRELIMO supports the principles of Bandung and Moshi

During the Dar-es-Salaam Congress, FRELIMO expressed its support of the principles of the Afro-Asian Conference of Bandung and later to the resolutions and General Declaration of the Afro-Asian Conference of Moshi, thus widening solidarity to the Latin American peoples fighting against imperialism.

LONG LIVE AFRO-ASIAN SOLIDARITY